

2017 AMBCS XC Race Operation Rules

Categories

The categories for the 2017 AMBCS are:

- Male Pro Riders are to compete within the CAT 1 19-29 Division
- Female Pro Riders are to compete within the CAT 1 19-39 Division
- Races must offer at minimum the prescribed AMBCS racing Categories.
- Start times for each race should be posted and available at least 10 days prior to event

CAT 1	CAT 2	CAT 3	Junior
Men 15-18	Men 15-18	Men 15-18	Junior Men 1-10
Men 19-29 / Pro	Men 19-29	Men 19-29	Junior Men 11-12
Men 30-39	Men 30-39	Men 30-39	Junior Men 13-14
Men 40+	Men 40-49	Men 40-49	Junior Women 1-10
CAT 1 / CAT 2 Open combined		Men 50-59	Junior Women 11-12
CAT 1 / CAT 2 Open Men 50-59		Men 60+	Junior Women 13-14
CAT 1 /CAT 2 Open Men 60+		Women 15-18	
CAT 1 / CAT 2 Open Women 15-18		Women 19-29	Specialty Classes
CAT 1 / CAT 2 / Pro Open Women 19-39		Women 30-39	Single Speed
CAT 1 / CAT 2 Open Women 40+		Women 40+	Clydesdale (225+)

Category License Requirements with the AMBCS:

Category or Division	Valid USAC annual License	One Day permit
All CAT 1 and Pro divisions	Required	Use not permitted
CAT 1/CAT 2 Open Combo Classes	Required to have Points tracked	Required if no Annual License. Points will not be tracked if one day is used.
Single Speed	Required to have Points tracked	Required if no Annual License. Points will not be tracked if one day is used.
CAT 2	Required to have Points tracked	Required if no Annual License. Points will not be tracked if one day is used.
CAT 3 & Clydesdale	Riders to hold either an Annual or One Day Permit. Points will be tracked regardless.	
Jr's M/F (14 and under)	Riders to hold either an Annual or One Day Permit. Points will be tracked regardless.	

Online Registration:

- BikeReg.com is the Official online registration service of the AMBCS.
- All Races with the AMBCS are required to use BikeReg.com as their online registration platform.
- Use of a different Registration service, other than BikeReg.com without preapproval of the AMBCS Board of Directors will result in a \$250 fine being levied against the race and probation for 1 year for both the race director and/or the race directing organization.

Race location District definitions: The AMBCS is a State series, therefore it shall strive to distribute races across the state. At the discretion of the AMBCS this rule may be suspended given special circumstances.

- The State of Arkansas, for the purposes of the AMBCS to be divided into 2 Districts.
 - The Ozark Mt district: This district will be the land area North of I40 within the State Of Arkansas.
 - The Ouachita District: This district will be the land area South of I40 within the State Of Arkansas.
 - **Base rule:** The number of races in any one district should not exceed 50% of the total races scheduled for that year in the series.

USAC and AMBCS:

- All races shall be USA Cycling sanctioned and have a USAC official on site

- USA Cycling rules apply if a subject is not covered in this document.
- As per USAC rules all individual race results will be finalized onsite after each race. It is the Racers responsibility to ensure correctness prior to leaving race site.

Race Registration / Hard Plate:

- Races are required to use BikeReg.com if offering Online registration.
- Races are required to offer in person race day registration. (races with special circumstances may have this waved by the AMBCS Board)
- All Riders are required to use an AMBCS issued Hard Plate (the exception is the novice class if offered)
- AMBCS Hard Plate cost will be \$5.00 for all adult riders. Junior riders 14 under are complimentary.
- The final race of the series annually will not charge riders for the hard plates.
- Race entry fees are at the promoter's discretion.

Results Submission:

- Races are to be timed. The rider's finish times are not required to be posted at race site, but must be submitted on the official results.
- Races are required to submit their results to the AMBCS using the USAC official results submission form.
- Correctly formatted results must be submitted to the AMBCS Administrator by Noon on the Wednesday directly follow the event. Failure to complete this will set a \$100 fine in place and preclude the event from being part of the AMBCS the following year until the fine is cleared.
- The race and/or the promoter are responsible to submit their race results to USA Cycling as well as paying any USAC fees in accordance with current USAC rules.
- Any race and/or promoter having unpaid USAC fees or not submitting their results to USAC may be prevented from be included in the follow years AMBCS schedule of races by the AMBCS Board of Directors.

AMBCS Race Fees:

- AMBCS Per fee for each race is \$3.00/Rider
- All AMBCS fees (Per rider and Hard plate) to be paid within 21 days post event.
- Checks are to be made payable to "AMBCS" and mailed to: AMBCS, 111 Evonshire Dr, Arkadelphia AR. 71923

Rider Start and Finish Protocols:

- Riders must complete the registration process prior to being allowed to start.
- Riders must be present and acknowledge they are present at role call for their respective start group.
- Riders must start with their respective start group. (no late starts, not time adjustments)
- Riders must check in at the finish line of the event.
- Riders which abandon the race during the race must check in with the official at the finish line to let them know they are off the course and are not completing the race.

GENERAL REQUIREMENTS: These requirements apply to all event on the AMBCS XC series schedule:

- Races must have onsite medical support (ambulance, or EMT or nurse...)
- To comply with rules of the AMBCS as stated here within or risk being disqualified from the AMBCS for the following year.
- To provide complimentary entries to the following individuals
 - 1 entry for the Team Challenge Coordinator(s)
 - 1 entry for the Individual Points Tracker
 - 1 entry for the Web master
 - 1 entry for the Paydirt Administrator

Course Requirements:

- Courses vary according to the geography of the area, and the amount of single track available. These are guidelines as the combination of terrain and distance will determine the level of difficulty
- In general, based upon the overall winners time, the following divisions should fall within:

Division	Distance / Time on Course
CAT 1 Men / Pro	2 - 2.5 hours
CAT 1 / CAT 2 open Combo Fields	1- 2 hours
CAT 2	1-2 Hours
CAT 3	Less than 1.5 hours
JR's 12 and under	roughly 30 - 45 minutes

Feed Zone and water Support

- All AMBCS XC races are required to have a feed zone area available with at minimum Self serve water for CAT 1 and CAT 2 Races
- Races are required to provide water pre and post race that all can access.

Specialty Categories specific items:

- Single Speed: This division can be raced by males and/or females, however they are scored as one group with no distinction to gender. All bikes used by riders in this division shall adhere USAC equipment specifications for Single Speed bikes. Race distance will be the CAT 2 distance and must be listed in the race information. Riders in this division must hold either an Annual USAC License or one day for their results to be listed in the AMBCS Ranking and to be eligible for season end awards.
- Clydesdale: - Clydesdale: - This division can be raced by males and/or females, however they are scored as one group with no distinction to gender. All riders must weight a minimum of 225 lbs on race day while wearing not more than their race clothing. This excludes wearing a camelback, fanny sack, or other items while being weighed. Clydesdales will race the same distance as CAT 3.

CAT 1 / CAT 2 Open Combination Classes:

- 50-59 and 60+ Males:
 - These classes are to race at the CAT2 distance.
 - Cash Awards are not required.
 - If a 50+ rider holds a Valid CAT 1 USAC license they may race in the CAT 1 40+ division
 - AMBCS points will only be tracked for those holding a valid USAC license.
 - USAC one day permits can be used to compete within these division.
- All CAT1 / CAT 2 Female division:
 - These classes are to race at the CAT2 distance.
 - Female Pro's will race within the 19-29 Division.
 - AMBCS points will only be tracked for those hold a Valid USAC license.
 - USAC one day permits can be used to compete within these division.

Awards and Payout for CAT 1 and CAT 1/2 Combination Classes:**CAT 1 / Pro Male 15-18 up through 40+ and Pro riders competing with these categories****Start procedures and purse distribution:**

- All riders within this Class will start as one group.
- This group will be defined as "CAT 1 Male Unified Start Field".

- The unified start field size is determined by the total number of riders within the following divisions:
- CAT 1 Men:
 - 15-18 , 19-29 / Pro, 30-39, 40+
- All age group divisions within this unified field will accrue rankings points within their respective age group as per AMBCS ranking procedures listed previously within this document.
 - The minimum prize purse to be awarded is exhibited in the "Unified Field" Prize purse distribution chart on AMBCS website
- This division is required to offer Age group Awards (Medals or Trophies) 3 deep as per below:

CAT and Age Group	Trophy award depth
CAT 1 Male 15-18	3 Deep
CAT 1 Male 19- 29/Pro	3 Deep
CAT 1 Male 30-39	3 Deep
CAT 1 Male 40+	3 Deep

CAT 1 / CAT 2 Open Combined Female Division:

- This group will consist of CAT 1 and CAT 2 female riders within the following age Groups:
 - 15-18, 19-39 ,40+
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- Pro Female Riders will also be assigned to race with this group as a default.
 - Pro Females may compete in the Male CAT 1 division as per USAC rules
- All Female riders within This division will start as one group.
- This group will be defined as a " CAT1/2 Women's Unified Start Field".
- The unified start field size is determined by the total number of riders within the divisions:
 - The minimum prize purse is to be awarded to the top finishers within the CAT1/2 Women's Unified Start field.
 - See "Unified Field" Prize purse distribution chart on AMBCS website
- This division is required to offer Age group Awards (Medals or Trophies) 3 deep as per below:

CAT and Age Group	Trophy award depth	CAT and Age Group	Trophy award depth
CAT 1 15-18	3 Deep	CAT 2 15-18	3 Deep
CAT 1 19- 39/Pro	3 Deep	CAT 2 19- 39/Pro	3 Deep
CAT 1 40+	3 Deep	CAT 2 40+	3 Deep

CAT 1/2 Male 50-59 and 60+ division:

- This group will consist of CAT 1 and CAT 2 Male riders within the following age Groups:
 - 50-59
 - 60+
- This division is not required to offer Cash Payouts.
- This division is required to offer Age group Awards (Medals or Trophies) 3 deep as per below:

CAT and Age Group	Trophy award depth	CAT and Age Group	Trophy award depth
CAT 1 Male 50-59	3 Deep	CAT 2 Male 50-59	3 Deep
CAT 1 Male 60+	3 Deep	CAT 2 Male 60+	3 Deep

AMBCS Annual Meeting:

- Annually in January or February there will be an AMBCS Promoter and Racer Meeting. This is the time and place to bring forth in person, proposals for the AMBCS Board of Directors to consider.
- Proposals should be submitted to the Board Chairman at least 3 days prior to the published meeting date to ensure it is on the meeting agenda. Failure to submit a proposal may preclude it from being discussed.
- Each Race shall send a representative to the annual AMBCS meeting beginning in 2018.
 - A race does not send a representative to the Annual Winter meeting:
 - 1st year - Fee for that year to be \$1 per rider higher than the standard fee.
 - 2nd year - the organization producing the event shall be precluded from producing an AMBCS for a 2 year period. The penalty period begins at the completion of the respective years Board meeting.

AMBCS Awards Chart overview:

Category and Age group	Prize purse require	Trophy/medal award depth
CAT 1 Men Unified start field	Yes, At minimum as per AMBCS Pay out Chart	Not on Unified field
CAT 1/2 Women Unified start field	Yes, At minimum as per AMBCS Pay out Chart	Not on Unified field
CAT 1 Men 15-18	No pay out required for individual age Groups	3 Deep
CAT 1 Men 19-29	No pay out required for individual age Groups	3 Deep
CAT 1 Men 30-39	No pay out required for individual age Groups	3 Deep
CAT 1 Men 40+	No pay out required for individual age Groups	3 Deep
CAT 1 Men 50-59	No pay out required	3 Deep
CAT 1 Men 60+	No pay out required	3 Deep
CAT 1 Female 15-18	No pay out required for individual age Groups	3 Deep
CAT 1 Female 19-39	No pay out required for individual age Groups	3 Deep
CAT 1 Female 40+	No pay out required for individual age Groups	3 Deep
CAT 2 Men 15-18	No pay out required	3 Deep
CAT 2 Men 19-29	No pay out required	3 Deep
CAT 2 Men 30-39	No pay out required	3 Deep
CAT 2 Men 40+	No pay out required	3 Deep
CAT 2 Men 50-59	No pay out required	3 Deep
CAT 2 Men 60+	No pay out required	3 Deep
CAT 2 Female 15-18	No pay out required for individual age Groups	3 Deep
CAT 2 Female 19-39	No pay out required for individual age Groups	3 Deep
CAT 2 Female 40+	No pay out required for individual age Groups	3 Deep
Single Speed	No pay out required	3 Deep
CAT 3 Men 15-18	No pay out required	3 Deep
CAT 3 Men 19-29	No pay out required	3 Deep
CAT 3 Men 30-39	No pay out required	3 Deep
CAT 3 Men 40+	No pay out required	3 Deep
CAT 3 Men 50-59	No pay out required	3 Deep
CAT 3 Men 60+	No pay out required	3 Deep
CAT 3 Female 15-18	No pay out required	3 Deep

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